

**CORONAVIRUS SELF –ASSESSMENT FORM**

NAME \_\_\_\_\_

PERSONAL EMAIL \_\_\_\_\_

ADDRESS \_\_\_\_\_

**HAVE YOU BEEN TO ONE OF THE COVID-19 AFFECTED COUNTRIES OR STATES  
IN THE LAST 14 DAYS**

YES \_\_\_\_\_ NO \_\_\_\_\_

WHICH STATES OR COUNTRIES \_\_\_\_\_

**ARE YOU CURRENTLY EXPERIENCING SYMPTOMS, COUGH, SHORTNESS OF BREATH, FEVER, MUSCLE  
ACHES, FATIGUE, DRY COUGH, CHILLS**

YES \_\_\_\_\_ NO \_\_\_\_\_

SYMPTOMS \_\_\_\_\_

**IF YOU ARE EXPERIENCING SYMPTOMS YOUR SESSIONS WILL BE RESCHEDULED AFTER YOU HAVE  
QUARANTINE FOR 14 DAYS.**

TEMP CHECK

READING \_\_\_\_\_

**MASK REQUIREMENT DURING SESSION. NO TALKING DURING SESSION DUE TO CLOSE CONTACT  
BETWEEN PRACTITIONER AND CLIENT.**